

# PLANS

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# How to cancel plans?

1. Ask "How are you doing? (initiate general conversation)
2. Apologize/ Say sorry.
  - I won't be able to make \_\_\_\_\_.
  - I'm sorry, but I'm going to have to cancel \_\_\_\_\_.

# Make the other person feel it was important for you.

3. I was really looking forward to \_\_\_\_\_

Our meeting  
Hanging out  
Seeing you

4. Reason: But...

Something has come up.

I'm swamped with work

I'm sick

I want to watch Netflix. X(No)

# Take it further...

## 5. Reschedule

Can we reschedule\_\_\_\_\_.

- Some one who cancels a lot = Flake
- She is a flake
- She always flaked out on plans.

Thank you! 🙄